

Narwee Public School

61 – 65 Broad Arrow Rd, Narwee, 2209
T: 9153 9756 F: 9153 8729
E: narwee-p.school@det.nsw.edu.au



Term 1 – Week 3

Wednesday 12th February 2014

Principal's Report

Last week we held a very successful swimming carnival at Greenacre Pool. The students who attended had a great day. The family members present encouraged all the participants by cheering and giving them positive comments. Congratulations to **Mrs Rizzov** who coordinated the carnival and all staff involved for another well organised activity.

On **Friday 21st February** scripture classes commence. A warm welcome goes to our dedicated scripture teachers. Many have been coming to our school for a number of years. They are all volunteers and each week they provide religious instruction to students who have returned their notes.

Many important notes are sent home each Wednesday in our school newsletter. These can also be found on our website.

When we are holding a special event or excursion and notes and money are required, there is listed, on our notes a closing date for students to return notes and money. A small number of students, unfortunately, continually need to be reminded about the closing date, and often have to be chased up by their teacher, office staff or myself. This wastes time and creates unnecessary administration work.

I kindly request that parents and carers make a priority of reading our newsletter and adhering to the closing dates set.

Please remember that parking in our school grounds is **not permitted**. A number of people have been disregarding our request and are driving into the school to drop off or pick up their children. This is causing safety issues for students and community members. It is important we all follow rules and be good role models to our children.

Rene Demos – Principal

School Security

Please help keep our school safe

If you see anything unusual happening in the school grounds please call School Security on:

1300 880 021

Term Calendar

Upcoming Events at Narwee Public School

Please put these dates in your diary.

Term 1, Week 4

Tuesday 18 th February	Evacuation Drill
Wednesday 19 th February	Stage 2 Parent Information Morning
Wednesday 19 th February	P&C Meeting – 7.00pm
Thursday 20 th February	Stage 3 Parent Information Morning
Friday 21 st February	Scripture Begins
Friday 21 st February	PSSA Commences

Term 1 Week 5

Wednesday 26 th February	Stage 1 & Early Stage 1 Parent Information Morning
Thursday 27 th February	District Swimming

Term 1 Week 8

Tuesday 18 th March	Harmony Day
Wednesday 19 th March	P&C Meeting
Thursday 20 th March	Purple Day

Information Mornings

Attached to last week's newsletter was a schedule for our Parent Information Mornings being held next week.

These mornings are a great opportunity to meet your child's class teacher for 2014 and hear about class activities, programs and routines. We hope you are able to attend.



Awards

Congratulations to the following students who received awards at our last assembly.

Sajad (5/6K)	Joel (5/6K)
Faith (5/6K)	Toby (2S)
Hanna N (2S)	Giovanni (2S)
Mohamed (5/6F)	Pafusi (5/6F)
Sarah (5/6F)	Andrew (3/4L)
Owen (3/4L)	Eunice (4/5B)
Zahra (4/5B)	David (4/5B)
Tracy (3/4D)	

Fruit Break

This year to help promote healthy eating, Narwee Public School has started a fruit break for all classes.

This fruit break will be at 1.00pm, Monday to Thursday. We would like to encourage all students to bring an extra piece of fruit or vegetable for this time.

Students will be able to sit at their desk and work quietly while being healthy. Alternatively, our canteen sells packets of carrots, celery and cucumber for 50c that can be purchased before school or at lunch time.

Mr Forman

Student Conduct

Student conduct when travelling

When travelling on the bus or train between home and school your child must obey certain rules, such as giving up their seat to adults and disabled passengers.

Find out more at:

<http://www.transport.nsw.gov.au/content/student-conduct-when-travelling>

Notes Due Back

- **Contact Details Form** – due back by **Friday 14th February**.
- **Work Books** – note and payment due back by **Friday 14th February**.
- **PSSA** permission notes, code of conduct notes and shirt hire due back by **Thursday 20th February**.
- **Book Club** order form and payment due back by **Friday 21st February**.
- **Home Reader Note** (K-2) due back by **Friday 28th February**.
- **UNSW Competition** note and payment due back by **Friday 7th March**.



Work Book & Resources Sale Day

Just a reminder that payment is due for your child's workbook/resources by **Friday 14th February**. A receipt will be issued to all students for their workbooks and resources.

All students are required to pay this fee.

School Tip

Let us know if you have any special circumstances.

Any changes to your child's family situation can impact on their emotional and academic well-being. Please inform your child's teacher or the Principal about any changed circumstance so that your child can be supported if necessary. Examples of special circumstances include the birth of a sibling, divorce or the death of a loved one.

Swimming Carnival

After a cool start to the day we had a wonderful warm day for our school swimming carnival.

A number of students competed in 100m, 50m and 25m races and all children participated in the splash-a-thon, ball/peg/cork scramble and novelty events.

Thank you to the parents that come along to cheer, the staff for their hard work and to all the students who helped and participated.

The District swimming carnival is being held on Thursday 27th February at Roselands Pool. The children with qualifying times will be competing and we wish them the best of luck.

Mrs Rizzov

Construction Club

Construction Club has started again this year and is open to all students in Years 5 & 6.

This is a club that encourages students to be creative and artistic through the design of various models. The club gives the students the opportunities to create models as a team or individually using Lego and various model making materials.

This is also a time where students can bring in their models or projects for assistance. This week a number of students are putting together a large Lego set.

Mr Forman

Book Club

Book Club order forms have been sent home with all students. If you would like to purchase books please fill in the order form ensuring your child's name and class are listed on the top of the form.

Please enclose both the order form and payment in a sealed envelope and return it to your child's class teacher no later than **Friday 21st February**.

Orders will be submitted on this day. Unfortunately any orders after this date will not be accepted.

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Reading Tips

When your child sees you reading in everyday life – following a recipe, using a shopping list, using the computer etc, this teaches children that reading is useful for a range of reasons.

Reading with your child at home will help your child in all of the learning areas of the school.

- Listen to your child read every day.
- Read aloud to your child. This helps them to learn the language of books. Read together and make reading an enjoyable, shared activity.
- Have a wide range of reading material at home, including fiction, non-fiction and computer based information.
- Read to your child in your home language – using their home language also helps children learn to read English.
- Talk with your child about what they read and ask what new information they found.
- Before starting to read a book, talk about the cover, the title, the pictures and discuss what the book is about.
- During reading, stop and ask questions about the story and talk about what has happened and what might happen next.



School Friends

Is your child in a new class without their friends?

At some stage in their school life your child is likely to find themselves in a class without their close friends. It is normal for them to initially feel a little anxious about this, so how should you handle it?

Find out more at:

<http://www.schoolatoz.nsw.edu.au/wellbeing/development/new-class-without-their-friends>

Summer Food Safety

You can greatly reduce the risk of food poisoning during the Summer period by chilling food in the fridge before packing your child's lunch and then putting a frozen drink into their lunchbox. The food will stay about 12 degrees cooler.

Have a look at more school food tips at:

<http://www.schoolatoz.nsw.edu.au/wellbeing/food/powerful-foods-for-kids>

Medical Insurance

Parents, please note there is no personal injury insurance cover provided by the NSW Department of Education and Communities for students in relation to school sporting activities, physical education lessons or any other school activity.

Parents and carers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, school sport zone, region and state school sport associations when deciding whether additional insurance cover, above that provided by Medicare is required.

Personal accident insurance cover is available through normal retail insurance outlets. The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.

Further information can be obtained from:

www.sportinginjuries.com.au

PSSA Sport

Season 1 of PSSA for students in Years 3 – 6 will commence on **Friday 21st February**.

Permission notes and Code of Conduct notes will be sent home this week with all students selected in a team. Please read through these notes with your child.

All forms must be returned to school no later than **Thursday 20th February**. Without the return of these notes your child will not be able to participate.

Recount

The Swimming Carnival

On the 6th of February the teachers and Yr 2 8 year olds to Year 6 went to Greenacre Pool to have the Swimming Carnival so we can have fun.

When we got there the first thing we did was the war cries. My team went first and then the other teams went. My team came last, Kookaburra came third, Kingfisher came second and Magpie came first.

Then the races started. I went in one race against one of my best friends, Thomas. I won by one second and six milliseconds. We both could have gone much faster if the water wasn't so cold!

After lunch we started the Novelty events, the first one was the splash-a-thon, where the team with the biggest splashes wins, and my team won! Then we had to collect items to get points, some items are one point and others are two. The final Novelty event was the relays. In the first race we had to use a board and in the second race we had to use a noodle. Then we got changed, got on the bus (which I slept on) and went home.

I thought it was really fun because the Novelty events were exciting and I got to play and talk with my friends. I can't wait for next year's swimming carnival.

David 4/5B

Homework

Homework reinforces work done at school and helps develop skills such as research and time management.

Parents and carers have the opportunity to help through a positive and supportive approach to homework.

Some homework tips include:

- Support your child in setting aside time each day for homework.
- Provide a dedicated place for homework and study if possible.
- Encourage your child to read and take an interest in current events.
- Plan the work to be done and the time to be spent on each task.
- Take short breaks between homework tasks.
- Praising your child for their efforts, not just their results.
- Alert the school to any domestic circumstances or extra-curricular activities which may need to be taken into consideration when homework is being set or marked.
- If problems occur, talk to your child's class teacher.
- Take an active interest in your child's homework.

Head Lice

Head Lice infestations are a common occurrence particularly in primary school.

- About 23% of primary students have head lice at any one time.
- Anyone can get head lice regardless of their age, sex or how clean their hair is.
- Head lice move from one person's head to another via hair.
- Head lice do not survive long when they are off a human head.
- Head lice do not live on furniture, hats, bedding or carpet.
- Head lice have built up some resilience to head lice treatments.

Treatment

Daily combing with a white hair conditioner using a fine tooth comb is effective in getting rid of head lice and eggs (nits).

Tips for reducing the spread of head lice

As infestations are particularly common in primary schools it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence.

- Regularly check your child's hair.
- Teach older children to check their own hair.
- Tie back and braid longer hair.
- Keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.

Balancing Commitments

It is important for your child to maintain balance. Balancing commitments is especially important as your child gets older.

Your child needs to be able to balance school commitments with social, recreational and family life as it is important for a happy and healthy lifestyle.

Swimming Records

Congratulations to the following students who broke records at our swimming carnival last week:

- **Tia** (3/4L) broke the 10 Yr Girls 50m Freestyle record.
- **Paige** (4R) broke the 9 Yr Girls 50m Freestyle record, the Jnr Girls Backstroke record and the Jnr Girls Butterfly record.

